



# Step By Step Activities for May 2015

## Weekly Programs:

<u>Times</u>	<u>Days</u>	<u>Program Name</u>	<u>Times</u>	<u>Days</u>	<u>Program Name</u>
8:15 AM	M	The Change	8:15 AM	T, TH	The Change
8:15 AM	W, F	Current Events	9:00 AM	T, TH	Money Matters
9:00 AM	M, W	The Boss	10:00AM	T	WRAP Plan
9:00 AM	F	Cooking Basics	10:00 AM	TH	Writing
10:00 AM	M	Meditation	10:30 AM	T	Mixed Medium Art
10:00 AM	W	Writing			
10:00 AM	F	Mixed Medium Music			
10:30 AM	M,W	Tools For Success			

Kitchen Crew: Throughout the day, members can help prepare meals and perform other kitchen tasks from Mon.-Fri. We provide daily unscheduled activities: Wii, cooking, BINGO, watching movies, arts & crafts, cards, and board games.

## Trips and Outings:

<u>Dates</u>	<u>Event</u>	<u>Time</u>
Friday, May 1st	Hogansburg	9:00 AM-12:00 PM
Thursday, May 7 <sup>th</sup>	Local Shopping Trip	10:30-11:30 AM
Thursday, May 7 <sup>th</sup>	Special Movie Night @Step By Step	6:30 PM (pickups start @5:15)
Friday, May 8th	Hogansburg and Massena Mall	2:00-7:00 PM
Wednesday, May 13th	FREE Lunch at Knights of Columbus	12:00 PM /van leaves at 11:40AM
Thursday, May 14th	Local Shopping Trip	10:30-11:30 AM
Friday, May 15th	Hogansburg	9:00 AM-12:00 PM
Tuesday, May 19 <sup>th</sup>	BINGO at St. Joseph's Home	8:30 AM (van leaves at 8:15 am)
Wednesday, May 20th	Empowerment Day at SLPC	All Day
Thursday, May 21st	Local Shopping Trip	10:30-11:30 AM
Thursday, May 21 <sup>st</sup>	Baseball Game at OFA	4:30 PM (Van leaves at 3:45 PM)
Friday, May 22 <sup>nd</sup>	Hogansburg and Massena Mall	2:00-7:00 PM
<b>Monday, May 25th</b>	<b>Memorial Day</b>	<b>Steps is Closed</b>
Thursday, May 28th	Local Shopping Trip	10:30-11:30 AM
Friday, May 29 <sup>th</sup>	Hogansburg	9:00 AM-12:00 PM
Wednesdays during May	Eat Smart, Live Strong Program	10:30 AM
Wednesdays during May	Wii Bowling League, Weeks 9 & 10	After Morning Programs

## Volunteer Opportunities:

<u>Dates</u>	<u>Event</u>	<u>Time</u>
Friday, May 29th	Potsdam Humane Society	Van leaves @ 8:45 AM